

The Personal Challenge

Instructions: Answer the questions using the following point scale
1=Yes/Always, 2=Sometimes, 3=Usually, 4=Not Very Often, 5=No/Never

Are you....

- _____ 1. Failing to reach your business & personal goals consistently?
- _____ 2. Lacking clarity about your priorities?
- _____ 3. Concerned about not having a comprehensive plan for your future?
- _____ 4. Lacking a comprehensive goals program for your personal life?
- _____ 5. Frustrated with lack of clarity about what to do next?
- _____ 6. Lacking a realistic and specific plan of action to achieve your goals?
- _____ 7. Frustrated with constant interruptions affecting your productivity?
- _____ 8. Lacking a system to track and measure your progress towards your goals?
- _____ 9. Overwhelmed fighting fires and reacting to crises?
- _____ 10. Lacking a scoreboard and reward program for your performance?
- _____ 11. Struggling to set challenging and measurable stretch goals?
- _____ 12. Enslaved in low payoff activities that keep you from reaching your goal?
- _____ 13. Worried about poor motivation and negative attitudes?
- _____ 14. Lacking in commitment to your own personal and professional development?
- _____ 15. Concerned you are not working up to your potential?
- _____ 16. Lacking time, effort and energy for high payoff activities?
- _____ 17. Concerned with your business controlling your life?
- _____ 18. So busy being busy that you are ignoring new business opportunities?
- _____ 19. Overwhelmed because your to do list is longer than your arm?
- _____ 20. Feel that you should be accomplishing much more than you are?

_____ Total Score

Is our program right for you?	
90-100	don't need our help!
75-89	could sharpen a few things
60-74	would benefit greatly
<60	must change something!