

Daily Time Use Analysis

Name _____

Date _____

Time	How I Spent My Time	HPA's LPA's
8:00 a.m.		
8:15		
8:30		
8:45		
9:00 a.m.		
9:15		
9:30		
9:45		
10:00 a.m.		
10:15		
10:30		
10:45		
11:00 a.m.		
11:15		
11:30		
11:45		
12:00 noon		
12:15		
12:30		
12:45		
1:00 p.m.		
1:15		
1:30		
1:45		
2:00 p.m.		
2:15		
2:30		
2:45		
3:00 p.m.		
3:15		
3:30		
3:45		
4:00 p.m.		
4:15		
4:30		
4:45		
5:00 p.m.		
5:15		
5:30		
5:45		
6:00 p.m.		
		Total Time on HPA's